

Holy Eucharist  
Rite II - Contemporary



10:30 a.m.

Sunday, August 1<sup>st</sup>, 2021

The Tenth Sunday after Pentecost

Broadcast Live on Facebook

St. Stephen's Episcopal Church, Delmar, NY

## The Holy Eucharist: Rite Two

*The people stand.*

**Processional Hymn** “When morning gilds the sky” vs. 1-3

*Hymnal 1982 #427*

- |  |  |
|--|--|
| 1 When morning gilds the skies,<br>my heart, awaking, cries,<br>may Jesus Christ be praised!<br>When evening shadows fall,<br>this rings my curfew call,<br>may Jesus Christ be praised! | 2 When mirth for music longs,<br>this is my song of songs:<br>may Jesus Christ be praised!<br>God’s holy house of prayer<br>hath none that can compare<br>with: Jesus Christ be praised! |
| 3 No lovelier antiphon<br>in all high heaven is known<br>than, Jesus Christ be praised!<br>There to the eternal Word<br>the eternal psalm is heard:<br>may Jesus Christ be praised!      |  |

### Acclamation

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be his kingdom, now and for ever. Amen.**

*Celebrant*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Lord.

**Amen.**

*Celebrant* Lord, have mercy.

*People* **Christ, have mercy.**

*Celebrant* Lord, have mercy.

### The Collect of the Day

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it



cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## **The Lessons**

*The people sit.*

### **The First Lesson**

**Exodus 16:2-4, 9-15**

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.’”

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

*Reader*            The Word of the Lord.

*People*            **Thanks be to God.**

### **The Responsorial Psalm**

**Psalm 78:23-29** BCP, p.696

23 So he commanded the clouds above \*  
and opened the doors of heaven.



24 **He rained down manna upon them to eat \*  
and gave them grain from heaven.**

25 So mortals ate the bread of angels; \*  
he provided for them food enough.

26 **He caused the east wind to blow in the heavens \*  
and led out the south wind by his might.**

27 He rained down flesh upon them like dust \*  
and winged birds like the sand of the sea.

28 **He let it fall in the midst of their camp \*  
and round about their dwellings.**

29 So they ate and were well filled, \*  
for he gave them what they craved.

## **The Second Lesson**

## **Ephesians 4:1-16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;  
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by



every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader The Word of the Lord.

People **Thanks be to God.**

*The people stand for the Gospel Procession and Proclamation*

**Gospel Hymn "I am the bread of life"**

*Hymnal 1982 #335*



1 I am the bread of life; — they who  
 2 (The) Bread that — I will give — is my  
 3 (Un-) less — you eat — of the  
 4 I am the re - sur - rec - tion, —  
 5 (Yes,) Lord, — we be - lieve — that —



1 come to me shall not — hun - ger; they who be -  
 2 Flesh for the life of the world, — and they who  
 3 Flesh of the Son of — Man — and —  
 4 I — am the — life. — They who be -  
 5 you — are the — Christ, — the —



1 lieve in me shall not thirst. No one can come to  
 2 eat — of this bread, they shall — live for  
 3 drink — of his Blood, you shall not have life with -  
 4 lieve — in me, e - ven — if they  
 5 Son — of God who — has



1 me — un - less the — Fa - ther draw them.  
 2 ev - er. — they shall — live for ev - er.  
 3 in you. you shall not have life with - in you.  
 4 die, — they shall — live for ev - er.  
 5 come — in - to — the — world. —

*(pto)*



*Descant*

And I will raise them up, and I will raise them

*Refrain*

And I will raise them up, and I will raise them

up, and I will raise them up on the

up, and I will raise them up on the

last day. 5 Yes, day.

last day. 2 The  
3 Un- day.  
4 —  
5 Yes,  
(♯)

*Final Ending*

The descant may be sung after stanzas 4 and 5.



## The Holy Gospel

John 6:24-35

*Deacon* The Holy Gospel of our Lord Jesus Christ according to John.

*People* **Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

*Deacon* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

*The people sit.*

## The Sermon

Fr. Scott Garno

*The people stand.*

## The Nicene Creed

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,**

**eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation**

**he came down from heaven:**

**by the power of the Holy Spirit**

**he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again**

**in accordance with the Scriptures;**

**he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,**

**and the life of the world to come. Amen.**

*The people stand or kneel.*

**The Prayers of the People**

**Form III BCP, p.387**

*The Deacon and People pray responsively*

Father, we pray for your holy Catholic Church;

**That we all may be one.**



Grant that every member of the Church may truly and humbly serve you;

**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons, especially Scott, our rector, and Justine, our deacon;

**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;

**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;

**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble, especially the AA groups, Kama Cooper, Virginia Cook, our sister church, St. Andre in Flandre, Haiti & Fr. Deravil & his family, Nancy & Herb Steele, the Malchow family, Barbara Dominie, the Krulcik family, Ty Delaney, David MacIntosh, Ronan Cassidy, Jim Crum, the Bianchine family, Cathie & Tim Gibbons, Beth & Kimberly Barnes, Kilaya, Claudia Holik, John Peters, Nick & Kevin Mosier, Bonnie Ochsner, Niki Stephens, Lauren Miller, Barbara Davis, Bill Madrian, & Dawn Turley;

**That they may be delivered from their distress.**

*The Deacon will add a prayer for COVID-19*

Give to the departed eternal rest;

**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy, especially Florence Wilson, Kathryn Simpson, & Tom Little;

**May we also come to share in your heavenly kingdom.**

*The Deacon will add the Prayer in a Time of Transition*

Heavenly Father, we praise and thank you for this, your diocese of Albany. Inspire and sustain us in this time of transition. Incline our hearts to do your will, and so direct us in your ways that the leader you are raising up to be our Bishop will find here joyful disciples making disciples, united in faith, unflagging in hope, and steeped in mutual charity.



In your mercy, accept our repentance, and grant us peace; look with patience on our enthusiasms; and pour rich gifts and grace upon all who are entrusted with the ongoing work of your church; so that, with diligence and charity, we may discern correctly and walk righteously in your ways.

This we ask in the name of Jesus Christ, our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

### **Parish Prayer for Mission**

*Deacon & People*

**Heavenly Father, we ask you to help us fulfill our mission, to worship you in a loving community, to support people on their Christian Journey, and to empower disciples for service, so that we can bring Jesus to each other and to the world. Amen.**

### **Confession of Sin**

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*All stand.*

### **The Peace**

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

*The people sit.*

### **Announcements**

### **The Holy Communion**

*Celebrant*

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

**Offertory Hymn** “There’s Something About That Name” Soloist, Lynn Jerabek

Jesus Jesus Jesus  
There's just something about that name  
Master Savior Jesus  
Like a fragrance after the rain  
Jesus Jesus Jesus  
Let all heaven and earth proclaim  
Kings and kingdoms may all pass away  
But there's something about that name

*The people stand.*

### **The Doxology**

**Praise God, from whom all blessings flow; Praise him, all creatures here below;  
Praise him above, ye heavenly host; Praise Father, Son and Holy Ghost. Amen.**

*Celebrant* All things come of thee, O Lord

*People* **And of thine own have we given thee.**

### **Eucharistic Prayer A**

*The people remain standing. The Celebrant faces them and says*

The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is said*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

### **Sanctus**

*Celebrant and People*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,**

**for ever and ever. Amen.**

## **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

*Then may be sung or said*

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;

*People* **Therefore let us keep the feast. Alleluia.**

## **The Prayer of Humble Access**

*People and Celebrant*

**We do not presume to come this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou are the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Celebrant*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*For those unable to worship in person with us today, we include this prayer. A Spiritual Communion is a personal devotion that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

**My Jesus, I believe you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.**

*(Spiritual Communion Prayer attributed to St. Alphonsus de Liguori, 1696-1787)*

*The people stand or kneel.*

## **The Post Communion Prayer**

*Celebrant and People*

**Eternal God, heavenly Father, you have graciously accepted us as living members of**

**your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

### **The Blessing**

*Celebrant*      May the peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God and of his Son our Savior Jesus Christ; and the blessing of God Almighty, Father, Son, and Holy Spirit be among you and remain with you always. **Amen.**

**Recessional Hymn** “Guide me, O thou great Jehovah” *Hymnal 1982 #690*

*(see over for music)*

### **The Dismissal**

*Deacon*      Go in peace to love and serve the Lord. Alleluia, alleluia!

*People*      **Thanks be to God. Alleluia, alleluia!**

*The Altar Flowers are Given by  
John & Libby Saxton  
in Loving Memory of Thomas Little*



1 Guide me, O thou great Je - ho - vah, pil - grim through this  
 2 O - pen now the crys - tal foun-tain, whence the heal - ing  
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;  
 stream doth flow; let the fire and cloud - y pil - lar  
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,  
 lead me all my jour - ney through; strong de - liv - erer,  
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -  
 strong de - liv - erer, be thou still my strength and  
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.  
 shield, be thou still my strength and shield.  
 thee, I will ev - er give to thee.

