

Holy Eucharist Rite II

Contemporary

He taught them
as one with
authority

Mark 1:27

10:30 a.m.

Sunday January 28th, 2024

The Fourth Sunday after the Epiphany

Broadcast Live on Facebook

St. Stephen's Episcopal Church, Delmar, NY

Holy Eucharist Rite 2

Processional Hymn “O for a thousand tongues to sing”

1982 Hymnal #493

Verse 1

O for a thousand tongues to sing
my dear Redeemer’s praise,
the glories of my God and King,
the triumphs of his grace!

Verse 2

My gracious Master and my God,
assist me to proclaim
and spread through all the earth
abroad the honors of thy Name.

Verse 3

Jesus! the Name that charms our fears
and bids our sorrows cease;
'tis music in the sinner’s ears,
'tis life and health and peace.

Verse 4

He speaks; and, listening to his voice,
new life the dead receive,
the mournful broken hearts rejoice,
the humble poor believe.

Verse 5

Hear him, ye deaf; ye voiceless ones,
your loosened tongues employ;
ye blind, behold, your Savior comes;
and leap, ye lame, for joy!

Verse 6

Glory to God and praise and love
be now and ever given
by saints below and saints above,
the Church in earth and heaven.

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Gloria

1982 Hymnal #S277

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty
God and Father, we worship you,
we give you thanks, we praise you
for your glory.**

**Lord Jesus Christ, only Son of the
Father, Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us; you are seated at**

**the right hand of the Father: receive
our prayer.**

**For you alone are the Holy One,
you alone are the Lord, you
alone are the Most High,
Jesus Christ, with the Holy
Spirit, in the glory of God the
Father. Amen.**

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**

The Lessons

The people sit.

The First Lesson

Deuteronomy 18:15-20

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Reader The Word of the Lord

People **Thanks be to God**

The Response

Psalms 111

1 Hallelujah!

I will give thanks to the LORD with my whole heart, *
in the assembly of the upright, in the congregation.

2 Great are the deeds of the LORD! *

they are studied by all who delight in them.

3 His work is full of majesty and splendor, *
and his righteousness endures for ever.

4 He makes his marvelous works to be remembered; *
the LORD is gracious and full of compassion.

5 He gives food to those who fear him; *
he is ever mindful of his covenant.

6 He has shown his people the power of his works *
in giving them the lands of the nations.

7 The works of his hands are faithfulness and justice; *
all his commandments are sure.

8 They stand fast for ever and ever, *
because they are done in truth and equity.

9 He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.

10 The fear of the LORD is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

The Second Lesson

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge

those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord
People **Thanks be to God**

The people stand for the Gospel Procession and Proclamation

Gospel Hymn “Deck thyself, my soul, with gladness” vs. 1-2

1982 *Hymnal* #339

Verse 1

Deck thyself, my soul, with gladness,
leave the gloomy haunts of sadness,
come into the daylight’s splendor,
there with joy thy praises render
unto him whose grace unbounded
hath this wondrous banquet founded—
high o’er all the heavens he reigneth,
yet to dwell with thee he deigneth.

Verse 2

Sun, who all my life dost brighten;
Light, who dost my soul enlighten;
Joy, the best that any knoweth;
Fount, whence all my being floweth:
at thy feet I cry, my Maker,
let me be a fit partaker
of this blessèd food from heaven,
for our good, thy glory, given.

The Holy Gospel

Mark 1:21-28

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Gospel Hymn “Deck thyself, my soul, with gladness” vs. 3

1982 *Hymnal* #339

Verse 3

Jesus, Bread of Life, I pray thee,
let me gladly here obey thee;
never to my hurt invited,
be thy love with love requited;

from this banquet let me measure,
Lord, how vast and deep its treasure;
through the gifts thou here dost give me,
as thy guest in heaven receive me.

The people sit.

The Sermon

Rev. Scott Garno

The people stand.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation

he came down from heaven:

**by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

**He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

The Leader and People pray responsively

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."
For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For Jeremiah our Bishop Elect, Michael our Assisting Bishop, for Scott, Susan & Justine our parish clergy and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For Joseph our President, Kathy our governor, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this town of Bethlehem, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, especially for the people in the AA Groups, the students and leaders in Intervarsity Christian Fellowship, the students and teachers of St. Stephen's PreK Academy, our sister church, St. Andre in Flandre, Haiti, and Fr. Deravil, his family, and all the people of Haiti, for Kama Cooper, the Malchow and Bianchine families, for Nancy and Herb, Ronan and Matthew, Charlene and Phil, Laura, Matt, Henry, and Ethan, for Linda, Grace, Beth, Sharon, Nicholas, Gloria Jean, Leon and Anne, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, especially Richard Stickley, Edward Calvagno, Peter Reusswig, Josiah Donald Garno, Betsy Millington, Deacon Bob Heighton, Fred Perrin, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of St. Stephen and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To you, O Lord our God.

Silence

Parish Prayer for Mission

Deacon and People

Heavenly Father, we ask you to help us fulfill our mission, to worship you in a loving community, to support people on their Christian Journey, and to empower disciples for service, so that we can bring Jesus to each other and to the world. Amen.

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept

Minister and People

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

The people stand.

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The people sit.

Announcements

The Holy Communion

Celebrant

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

The people sit.

Offertory Hymn

St. Stephen's Church Choir

The people stand.

The Doxology

**Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son and Holy Ghost. Amen.**

As a sign of our thanksgiving the Celebrant and people pray responsively

Celebrant All things come of thee, O Lord.

People **And of thine own have we given thee.**

The Great Thanksgiving

Eucharistic Prayer B

The people remain standing. The Celebrant faces them and says

The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus

1982 Hymnal #S 130

**Holy, holy, holy Lord
God of power and might
Holy, holy, holy Lord
God of power and might
heaven and earth are full
full of your glory**

**Hosanna in the highest.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.
Hosanna in the highest**

The people stand or kneel.

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Blessed Virgin Mary, St. Stephen, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever **AMEN**.

And now, as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.**

**And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept. Then may be sung or said

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia.**

The Prayer of Humble Access

People and Celebrant

We do not presume to come this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Ministration of Communion

For those unable to worship in person with us today, we include this prayer

In Union, O Lord, with the faithful at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer you praise and thanksgiving. I present to you my soul and my body with the earnest desire that I may continually be united to you. And since I cannot now receive you with my own faith community, I beseech you to come spiritually into my heart. Strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

(Spiritual Communion Prayer adapted from the Armed Forces Prayer Book, 1951)

The people stand or kneel

The Post Communion Prayer

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Recessional Hymn “Tell out, my soul, the greatness of the Lord!”

1982 *Hymnal* #438

Verse 1

Tell out, my soul,
the greatness of the Lord!
Unnumbered blessings
give my spirit voice;
tender to me the promise of his word;
in God my Savior shall my heart rejoice.

Verse 2

Tell out, my soul,
the greatness of his Name!
Make known his might,
the deeds his arm has done;
his mercy sure, from age the same;
his holy Name—the Lord, the Mighty
One.

Verse 3

Tell out, my soul,
the greatness of his might!
Powers and dominions lay their glory by.
Proud hearts and stubborn
wills are put to flight,
the hungry fed, the humble lifted high.

Verse 4

Tell out, my soul, the glories of his word!
Firm is his promise, and his mercy sure.
Tell out, my soul,
the greatness of the Lord
to children’s children and for evermore!

The Dismissal

Deacon
People

Go in peace to love and serve the Lord.
Thanks be to God.



*The flowers at the altar today
are given by Fr. Scott and Sarah
in memory of their son
Josiah Donald.*